

# **VOLUNTEER KITCHEN YOUTH WORKER**

LOCATION: HideOut Youth Zone, Gorton **SUGGESTED TIME COMMITMENT:** 4 hours per week (although there is flexibility in this)

## **ABOUT THE ROLE**

Our Volunteer Kitchen Youth Workers help us to deliver sessions, teaching our young people the importance of healthy eating and how to implement this into their lives.

### WHAT CAN YOU EXPECT TO BE DOING?

- Supporting our young people in the kitchen, by developing their domestic skills, from basic chopping to creating healthy and comforting recipes. Exploring different cultures through food Building positive relationships with young people across the youth zone Working collaboratively with other members of staff and volunteers to support the delivery of

- sessions
- Supporting young people with additional needs
- Acting as a positive role model for young people
  Promoting an inclusive culture where all young people are listened to, valued and cared for.

### WHAT ARE THE BENEFITS TO YOU AND OUR YOUNG PEOPLE?

You will gain new skills and develop existing ones whilst making a significant contribution to the lives of the young people. You will become part of our team and our young people will have a great time. You will enhance your CV whilst also being there as a positive role model to many of our young people. After 3 months of committed volunteering, a reference can be provided. The benefits really are endless!

### WE'RE LOOKING FOR SOMEONE WHO:

- Has an interest or experience in cooking and food would be great but if not, a willingness learn and passion to get involved Has a Level 2 qualification in Food Safety, but if you don't, a willingness to partake in the course (paid for by HideOut) if deemed necessary Enjoys meeting and engaging with people from a wide range of backgrounds Is organised and efficient Has an interest or experience in cooking and food would be great but if not, a willingness to

- Shares the same values of HideOut
- Is committed to making a positive impact on the lives of young people.

Please note that for this role you need to be at least 18 years of age and be prepared to undergo an enhanced DBS check.



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