

VOLUNTEER KICK BOXING/MMA YOUTH WORKER

LOCATION: HideOut Youth Zone, Gorton

SUGGESTED TIME COMMITMENT: 4 hours per week (although there is flexibility in this)

ABOUT THE ROLE

Our Volunteer Kickboxing/MMA Youth workers will have the passion to teach our young people the discipline of Martial Arts in our equipped studio room.

WHAT CAN YOU EXPECT TO BE DOING?

- Helping deliver a Martial Arts session in whichever discipline you practice and are qualified in

- Motivating young people to participate in Martial Arts
 Building positive relationships with young people across the youth zone
 Working collaboratively with the Sports Coordinator and other members of staff to support
 the delivery of sessions (and if you're confident enough, to lead!)
 Supporting young people with additional needs
 Acting as a positive role model for young people
 Promoting an inclusive culture where all young people are listened to, valued and cared for.

WHAT ARE THE BENEFITS TO YOU AND OUR YOUNG PEOPLE?

You will gain new skills and develop existing ones whilst making a significant contribution to the lives of the young people. You will become part of our team and our young people will have a great time. You will enhance your CV whilst also being there as a positive role model to many of our young people. After 3 months of committed volunteering, a reference can be provided. The benefits really are endless!

WE'RE LOOKING FOR SOMEONE WHO:

- ls a <u>qualified instructor</u> in whichever discipline Has a black belt in whichever discipline
- Enjoys meeting and engaging with people from a wide range of backgrounds
- Is organised and efficient
- Shares the same values of HideOut
- Is committed to making a positive impact on the lives of young people.

Please note that for this role you need to be at least 18 years of age and be prepared to undergo an enhanced DBS check.

Telephone: 0161 511 3777

Registered Charity Number: 1179712 Address: HideOut Youth Zone, 1 Queens Avenue, Manchester, M12 5PX

