



VOLUNTEER HEALTH & WELLBEING YOUTH WORKER

LOCATION: HideOut Youth Zone, Gorton

SUGGESTED TIME COMMITMENT: 4 hours per week (although there is flexibility in this)

ABOUT THE ROLE

As a Volunteer Health & Wellbeing Youth Worker, you will be engaging with our members in our very own salon setting! Whether you have hairdressing, braiding or skills or have the ability to talk about the importance of our mental and physical health & wellbeing, you'd be a great addition to our volunteer team.

WHAT CAN YOU EXPECT TO BE DOING?

- Creating activities relating to health & wellbeing, whilst encouraging conversations and trusting interaction
- Building positive relationships with young people across the youth zone
- Working collaboratively with other members of staff and volunteers to support the delivery of sessions
- Supporting young people with additional needs
- Acting as a positive role model for young people
- Promoting an inclusive culture where all young people are listened to, valued and cared for.

WHAT ARE THE BENEFITS TO YOU AND OUR YOUNG PEOPLE?

You will gain new skills and develop existing ones whilst making a significant contribution to the lives of the young people. You will become part of our team and our young people will have a great time. You will enhance your CV whilst also being there as a positive role model to many of our young people. After 3 months of committed volunteering, a reference can be provided. The benefits really are endless!

WE'RE LOOKING FOR SOMEONE WHO:

- Has an interest or experience in the health & wellbeing field would be great but if not, a willingness to learn and passion to get involved
- Enjoys meeting and engaging with people from a wide range of backgrounds
- Is organised and efficient
- Shares the same values of HideOut
- Is committed to making a positive impact on the lives of young people.

Please note that for this role you need to be at least 18 years of age and be prepared to undergo an enhanced DBS check.

Telephone: 0161 511 3777

Registered Charity Number: 1179712

Address: HideOut Youth Zone, 1 Queens Avenue, Manchester, M12 5PX

**HIDE
OUT**

An **OnSide** Youth Zone